

**Reminiscing in Tipperary**

**“Back in my Day”**

Tipperary Age Friendly Older Peoples Council are developing a project to capture stories and tales of the past, listening to the voices of older people across County Tipperary.

Within this project we hope to capture some living history from residents in the county and we will collate this information in written, audio and video form.

This will be a fantastic opportunity to capture the living history of Older Voices in Tipperary and to share stories and reminisces of our past, growing up in the county with the younger generations and showcase how in some instance’s things have evolved but also at its core how family and friends impact positively on our lives.

In this we have 5 main areas designed to capture the memories about where you went to school, memories of growing up and family activities, where you worked and the friendships and social or sporting activities that you participated in.

The 5 main areas which also include some prompt questions:

* School and growing up
* Family Memories and Household composition
* Work and work life
* Relationships, Marriage, Friendships
* Traditions Sayings and pastimes

We will circulate this project document through the older adult community groups in the county, through the nursing home and day care centres and also promote through Tipperary Public Participation Network (PPN) and partner agencies.

We have 3 methods of completing and participation,

**Written:** by completing the attached document and returning by email to agefriendly@tipperarycoco.ie or by post to Tipperary Age Friendly, Ballingarrane House, Cahir Road, Clonmel, Co Tipperary E91E183

**Audio:** recording on device and sending a what’s app of the audio file with Name of participant to 087 1252938

**Video:** recording on device and sending the recording by email or what’s app including name of participant to 087 1252938 or email to agefriendly@tipperarycoco.ie

By submitting your content for the project, you are providing your consent for your content to be shared on the project and in publications that will be produced.

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| Name  |
| Area of County  |
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| Heading One: School and growing up – Tell me about your school days |
| Sample questions/prompts |
| 01 | Can you tell me abut your first day in school or your earliest school memory? |
| 02 | Had you a long way to travel to school and how did you travel to school? |
| 03 | What was your school like, how many classrooms? |
| 04 | What memories have you of teachers and the subjects they taught |
| 05 | What were the games that were played in school  |

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| Heading Two: Family Memories and Household – Tell me about your family growing up  |
| Sample questions/prompts |
| 01 | How many were in your family and how many lived in your house |
| 02 | what jobs did you did at home |
| 03 | did members of your family go out to work |
| 04 | do you remember your favourite dinners or treats |
| 05 | how did your family pass the time and celebrate occasions, was a TV in the house |
| 06 | had your family a car growing up |

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| Heading Three: tell us about your work days |
| Sample questions/prompts |
| 01 | What kind of work did you do or your work at home? |
| 02 | did you have to move to work or work locally? |
| 03 | how did the food you eat change over the years |

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| Heading Four Marriage, relationships and friendshipsTell me about your friends and family |
| Sample questions/prompts |
| 01 | where did you go to meet people and socialise |
| 02 | if you married where did you meet you partner and memories of your wedding day |
| 03 | did you have your own family |
| 04 | are you still friends with people you grew up with |
| 05 | who was your best friend and did you get up to any mischief together |

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| Heading Five: Traditions & Sayings & Pastimes tell me about your social and sporting activities |
| Sample questions/prompts |
| 01 | What bands or type of music did you like? |
| 02 | what was your favourite pastime and activity and in your spare time |
| 03 | Were there any local characters that you remember from childhood |
| 04 | Were there any local shops and businesses that you remember that no longer exist |
| 05 | Do you remember any special entertainment coming to your locality - travelling shows, musicians, dance bands, circus etc? |
| 06 | To what extent was religion a feature of your family life at home in days gone by |
| 07 | What proverbs and Irish phrases can you remember e.g One swallow doesn't make a summer |

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Some of the content received will be showcased in May 2021 as part of Bealtaine, and the overall project will conclude with written, audio and video productions of stories for 1st of October to celebrate International Older Person’s Day. Within the showcase we aim to match to some old photographs from around the county and promote the stories captured across the Library network in Tipperary when feasible to do same.

Final submissions no later than **31st July 2021** to enable the compilation works to commence and conclude for the showcase on 1st of October. By submitting your content for the project, you are providing your consent for your content to be shared on the project and in publications that will be produced.

I understand that by submitting my story to the Tipperary Age Friendly Reminiscing Project and that I hereby give the **Tipperary Age Friendly** the perpetual and irrevocable and unrestricted right to use the content I have provided in written, oral or video format and publish video footage of me, in any edited video format, oral and written content and on County Council public channels (YouTube, Facebook, Twitter, Instagram),

I have read this model release form carefully and fully understand its meanings and implications.

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_