

Creative Crafts 1st, 8th, 15th & 22nd March @ 10am
Cashel Library Craft Group welcome everyone with a creative leaning.

Bridge 2nd, 9th, 23rd & 30th March @ 10am
A game for all generations. Cashel Library Bridge Club welcome all to their weekly session.

Members of The Cedartowns in Concert with Friends 4th March @ 7pm
Mná Month Launch
Inaugural opening of Mná Month and gala concert celebrating women. One of the most exciting sounds on the current folk scene.

Ann Brennan & Students 7th March @ 7pm
Art Exhibition
Ann Brennan, one of Tipperary's foremost artists, shares her work and that of her students.

A chat with Una Healy 8th March @ 7pm
Champion Swimmer, The Saturdays Singer, TV Presenter, Fashion Designer, Nashville Star and Mnáwesome Thurles woman. Enjoy this unique interview with Una on her influences, goals and achievements.

Strike the #Embrace Equity Pose 8th March (All day)
On International Women's Day strike the pose and share your #Embrace Equity image.
Cashel Library supporting equality.

Write Yourself Happy with Anne MacDonald 11th March @ 10am
An interactive workshop for Mighty Mná. Learn how to tap into your own unique creativity using the 5 senses. Discover what makes you laugh, what gets in your way and what makes you write. A thoroughly joyful experience.

The Art of Starting Over Margaret O'Brien 13th March @ 11am
"Weather Report: A 90-day journal for reflection
with the aid of the Beaufort Wind Scale"
Margaret guides you through the joys of keeping a journal and discusses the pleasures and healing power of writing. As featured on the Ryan Tubridy Show.

Paper Flower Making Mary Doll Reilly 14th March @ 10.30am
Learn the unique craft of Traditional Paper Flower Making.

Celebrate Mythical Women Davóg Rhyne 14th March @ 7pm
Explore the mystical Druidic world of Gangani with actor-singer-musician and Bard Davóg Rhyne, sharing stories, poems and songs that speak of ancient pagan times. Celtic melody, folk and some Gangani blues.

- In Conversation with author Melissa Hill** 15th March @ 7pm
Tipp native MELISSA HILL is a #1 renowned author. "Something from Tiffany's" has been adapted into a Hollywood movie by Reese Witherspoon's PC Hello Sunshine & Amazon Studios.
- Make Your Mark with Philip Quinn** 16th March @ 11am
Learn the craft of sculpting with Philp Quinn, make your mark in Ogham on slate.
- Mindful Mandalas with Maria Coleman** 20th March @ 2pm
Come play with circles, colours and symmetry and create your own unique mandala. Enjoy a process that nudges you towards psychological coherence coupled with some holistic healing exercises that coax a creative flow.
- Women in the Viking Age Deise Medieval** 21st March @ 11am
Viking women enjoyed more freedom and power in society than their contemporaries. Re-enactors Deise Medieval bring you back in time to explore their world.
- Music Therapy** 24th March @ 10.30am
Musical Experiences that benefit all emotionally, physically and spiritually.
- Big Bang Drumming Workshop** 25th March @ 2pm
Drumming & Percussion Workshop with a difference. Enjoy a unique experience and let off steam, no prior experience required.
- Revive the Body, Mind & Spirit with Eileen Heneghan.** 28th March @ 6.30pm
Give back to the self through colour, breathing sequences and gentle meditation.
- Practical Sustainability Éanna Ní Lamhna** 29th March @ 2pm
Éanna is a freelance wildlife consultant and a member of the panel on the RTE's 'Mooney Goes Wild' radio programme. She discusses practical ways we can be sustainable in these challenging times.
- "HELLO, How R U?" Eileen Acheson** 30th March @ 2pm
The Mental Health Ireland "HELLO, How R U?" campaign aims to tackle the lack of connection that people experience by inspiring individuals to ask how others are feeling in a fun way.
- An Túr Gloine with Stephanie Woods** 31st March @ 11am
Stephanie discusses the stained-glass art studio An Túr Gloine, focusing on Sarah Purser, Evie Hone and Catherine O'Brien and the windows they created for buildings in Tipperary.

Exhibitions

Tipperary Traveller Women

Millinery Vibes

Ava Manton

GG Designs

An Túr Gloine

Artwork by Aislinn and Roisin Duggan Art

Refreshments served at all events

Booking essential to 062 63825