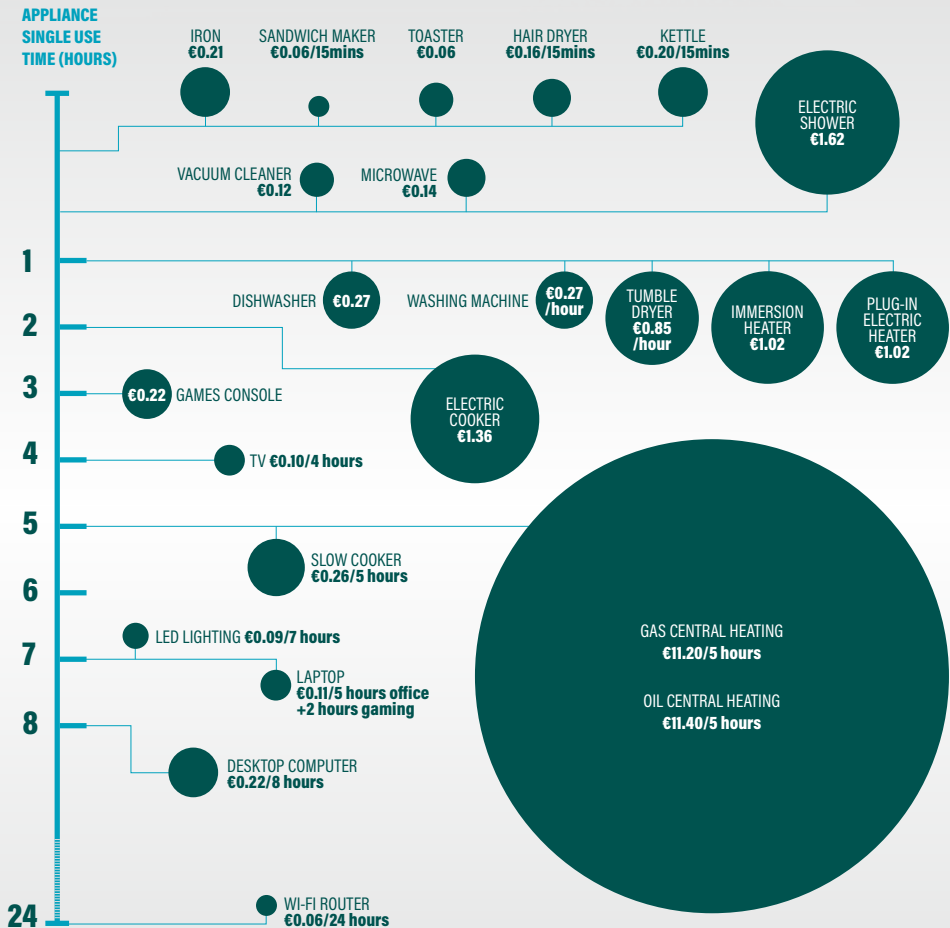


# USING LESS SAVES MONEY

## Know your appliances

This useful graph shows you which appliances use the most energy in your home: the bigger the circle, the more energy the appliance uses. Reducing how long you use them for can help to cut your bills. But be sure to only reduce your use when it's safe to do so, and stay warm and well this winter.



**For more information on available supports and energy saving advice, visit [gov.ie/ReduceYourUse](https://www.gov.ie/ReduceYourUse)**

Source: Chart adapted from Foley A., Al Kez D., Harrison H. (2022) Queen's University Belfast 'Budgeting for this Winter's Energy Bill in Ireland'.