



TIPPERARY SPORTS PARTNERSHIP



April, 2026 - Newsletter



ABOUT US

Tipperary Sports Partnership (TSP) is a local sports partnership established by Sport Ireland via Tipperary County Council to coordinate, promote and develop recreational sport in Tipperary.

CONTACT US



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SWIMMIN' WOMEN

Our 8 week swimmin' women programme is near complete in 5 pools in Tipperary - Carrick on Suir, Clonmel, Nenagh, Roscrea and Thurles. The ladies enjoyed improving their technique and swimming distance.

Maith sibh.

He Swims will be launching this autumn - encouraging more men to get involved in swimming. Stay tuned!



ACTIVATOR WALKING

Our 6 week Activator Walking Programme has completed in Cahir and Nenagh. This programme focuses on improving mobility, strength, balance and aerobic fitness. We have activator programmes starting in Cashel on May 5th, Thurles on May 11th and Carrick on Suir on May 13th.

On completion of the programme the participants can loan the poles from the libraries in Cahir and Nenagh. "The Healthy Ireland Fund supported by The Department of Health".



VOLUNTEER IN SPORT AWARDS



Congratulations to Sean Minogue of Riverdale Pitch & Putt who was selected by The Federation of Irish Sport as the Tipperary recipient of the Volunteers in Sport Awards for 2025.



PICKLEBALL TASTER

In conjunction with Pickleball Tipperary we hosted a Pickleball Taster in the Canon Hayes on April, 1st. This proved to be a great success.

WOMEN IN SPORT WEEK 2026

Women in Sport Week, held from March 2nd–8th, was a fantastic celebration of participation and community spirit. Across the week, we hosted 19 events with 252 participants getting involved. Activities ranged from a Keeper Hill hike and a Mountain Biking taster at Carey's Castle, to volleyball and athletics tasters, and an immersive VR kayaking session. Ladies also enjoyed insightful online workshops with EduFit.

Thank you to everyone who joined us we look forward to Women in Sport Week 2027.



UPCOMING EVENTS

Bike Week

Bike Week will take place from May 9th to 17th. Tipperary Bike Week is an integral part of the overall National Bike Week initiative and is coordinated locally by Tipperary Sports Partnership. It is a week long celebration of cycling throughout Tipperary. Join us for a fun-filled week of cycling and help promote active living in our community. This link will bring you to the Bike Week page on the TSP website <https://bit.ly/48z6XRV> TSP are running two competitions during Bike Week - Bike Week Community Challenge and Schools Bike Parade. There are great prizes on offer!!



Coaching and Development Fund, 2026.

The Coaching and Development Fund for 2026 is now live. The **Coaching Fund** aims to support and develop quality coaching in Tipperary to encourage all coaches / volunteers to undertake appropriate education and training through their relevant National Governing Bodies. The **Development Fund** aims to support the setting up of new clubs or sections within an existing club to increase their capacity to deliver sport and physical activity. The Closing date for receipt of applications is Thursday May 14th 2026 at 4pm. This link will bring you to our website to apply for grant online <https://bit.ly/4cuWMQy>.

Safeguarding 1 - Summer Schedule

There are safeguarding 1 (Child Welfare & Protection in Sport Basic Awareness Training) taking place on zoom on May 7th and 11th. Register on this link <https://bit.ly/4sByc5s>

UPCOMING EVENTS

Sports Ability Day

Our annual Sport Ability Day will take place on Friday 15th May in the Presentation Secondary School, Thurles. Under 18's from 10.30am to 12pm and adults from 1pm to 2.30pm.

Registration is essential for this event. This link will bring you to our website to register <https://bit.ly/4cFEhcc> This day showcases a range of inclusive sporting activities to the people of Tipperary. Examples of sporting activities that will be showcased include golf, soccer, rowing, cricket, table tennis and many more.



SPORTS ABILITY DAY, 25

Activator Walking

Programmes

This is an excellent programme for Older Adults. It promotes strength, mobility, balance and aerobic fitness. It is an excellent tool for pre/post hip or knee surgery. The programme is delivered by a specialised tutor and poles are provided.

The following 6 week programmes will be commencing at the following locations:

Cashel - Cashel Court House starting on May 5th from 4.30pm - 5.30pm. Register at this link <https://bit.ly/3QbnkOb>

Thurles - Loughtagalla Park starting on May 11th from 6.30pm - 7.30pm. Register at this link <https://bit.ly/4tXJnX8>

Carrick on Suir - Ormond Castle Park starting on May 13th from 2.30pm - 3.30pm Register at this link <https://bit.ly/4cx6roE>

Roscrea -Roscrea GAA Grounds - Activator Walking Taster on Thursday May 21st at 11am for one hour. Register at this link <https://bit.ly/4uffYI4>



UPCOMING EVENTS

TIPPERARY TOWN A.C.
OFFICIAL OPENING & FAMILY FUN DAY!
CANON HAYES RECREATION CENTRE, TIPPERARY TOWN

**SUNDAY
3RD MAY
2026**

**1 - 4
PM**



**FREE ENTRY! SCAN QR
CODE TO REGISTER**

SCAN HERE



**FUN GAMES & RACES, LONG JUMP PIT, THROWS, REACTION BOARD,
TUG OF WAR, FACEPAINTING, AND LOTS MORE!**

PHONE 087 614 5232 FOR FURTHER INFORMATION

SUPPORTED BY:

