



TIPPERARY SPORTS PARTNERSHIP



June, 2026 - Newsletter



ABOUT US

Tipperary Sports Partnership (TSP) is a local sports partnership established by Sport Ireland via Tipperary County Council to coordinate, promote and develop recreational sport in Tipperary.

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ACTIVATOR WALKING

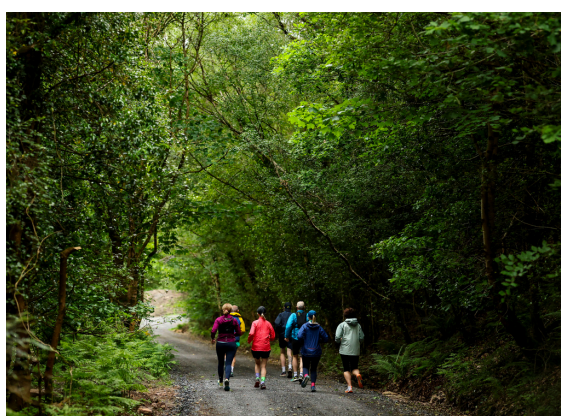
We recently completed a very enjoyable and successful 6-week Activator Walking Programme in Carrick-on-Suir. This programme is designed to support participants in improving their mobility, strength, balance and overall aerobic fitness in a fun and social environment.



TRAIL RUNNING

We recently held a 6 week trail Running Programme in Carey's Castle, Clonmel.

A massive thank you to Britton Outdoors and Tom Blackburn for guiding and supporting the programme.



CANOEING TASTER SESSION

TSP was delighted to support a Canoeing Taster Session to Nenagh Women's Shed. The session gave participants a great opportunity to try something new, enjoy time on the water, and make the most of the beautiful surroundings. It was a relaxed and enjoyable evening, with plenty of laughter.

Thanks to Lough Derg Water Sports for delivering the course and helping make the event such a success.



BIKE WEEK COMPETITION WINNERS

We were delighted with the fantastic response to our Bike Week 2026 competitions, with great creativity and enthusiasm shown across the county.

We hosted two competitions this year. The first was our Primary Schools Bike Parade Competition, where children decorated their bikes and took part in school parades. We received wonderful entries, and congratulations our winners, Renee Sohaib (Newtown Upper NS, Faugheen) and Eddie Power (St. John the Baptist Boys NS, Cashel), who each won a €100 voucher plus €500 for their school.



BIKE WEEK CONTINUED

Our second competition, the Community Cycling Challenge, encouraged people to get out cycling and submit a photo. We had a great response, and congratulate our winners, Michael Golko and Kora Forde, who each received a €300 voucher.



Bike Week 2026 was a great success—we're already looking forward to Bike Week 2027! 🚲🚲

Let's Get Tipperary Cycling!!

An té a bhíonn siúlach, bíonn sé scéalach

UPCOMING EVENTS

Women's Aquatic Programme

We are delighted to partner with Swim Ireland for a 5 week Aquatic Programme for Midlife Women at the Ballina Outdoor Pool.

Starting on July 15th at 6.30pm.

This link will bring you to the Tipperary Sports Partnership Website to register

<https://bit.ly/4eHOxAE>

Couch to Peak

An Introduction to Hiking 6 week programme will commence on July 15th in the Mid/North Tipperary area. Cost is €30 plus booking fee.

This link will bring you to TSP website to register
<https://bit.ly/3QlThnr>

Inclusive Cycling

"Introduction to Cycling" - 4 day camp for children aged 6 - 16 with additional needs.

- Clonmel - 27th - 30th July
- Thurles - 3rd - 6th August

For further details and to register

<https://www.tipperarycoco.ie/leisure-and-recreation/tipperary-sports-partnership-latest-news/2026/inclusive-cycling>



UPCOMMING EVENTS

Register for Tipperary Town Athletic Club.

Training starts back on September 11th for 6 to 12 year olds at the Canon Hayes Recreation Centre.

Scan QR code below to register.



Canon Hayes Rec. Centre, Tipperary Town.

Balance and Mobility classes every Monday, Wednesday and Friday at 10am €6 per session. No booking needed.

Ready, Set and Spin on Mondays at 6.30pm €8 non-members and €6 members.

Mums on the Move - Every Tuesday and Thursday at 9.30am €10 per session.

Slim & Trim - Outdoor Gym Class - Tuesdays & Thursdays at 6.30pm.

Walking Group - Every Thursday at 10am €6 per session.

Tipperary Parkruns.

ParkRun is a free weekly timed 5k which takes place every Saturday at 9.30am in Borrisokane Town Park, Clonmel, Fethard Town Park, Knockanacree Woods and Templemore Town Park.

A Junior Parkrun is a 2k for 4 - 14 year olds and takes place in Fethard Town Park on Sunday mornings at 9.30am.