



# Dance and Health Professional Development Event @ Nenagh Arts Centre / Tipperary Dance Platform

**10 October 2017**

**11.30am-12pm: Arrivals**

*Tea and coffee provided on arrival.*

**12-1.30pm: Practical Workshop - Leonardo Montecchia (FR)**

The day opens with a practical workshop from artist Leonardo Montecchia who works with older people with a variety of age-related issues through the medium of tango primarily in Montpellier, France. This session will be in French, and translated to English by Jazmin Chiodi.

**1.30-2.30pm: Welcome & Presentation - Dr Jenny Elliott (NI) and Dr Glenna Batson (US)**

Welcome and conversation from event moderators, Dr Jenny Elliott and Dr Glenna Batson. As part of this introduction, Jenny and Glenna will offer an insight into the journey of dance and health policy, milestones and difficulties in their respective contexts.

**2.30-3.30pm: Lunch**

*Will be provided at the venue - however only vegetarian and meat options are available, if you have other dietary requirements please bring a packed lunch.*

**3.30-5pm: Focus group Sessions**

We want to hear from you throughout the event. Please share experiences and challenges you encounter in your practice, and any other reflections. We will split into two groups for discussion and conversation for the afternoon, and each group will be facilitated by one of the moderators.

**5-5.30pm: Round-up**

**5.30-6.30pm: Break**

*Tea and Coffee will be provided.*

**6.30pm: TRY! Performances**

Introduction to the Dance and Health Event at TDP by Cllr. John Carroll, Cathaoirleach, Nenagh Municipal District followed by TRY! Performances of new work by emerging artists at Nenagh Arts Centre.

*Please note that dinner will only be provided to the guest speakers and moderators at Nenagh Arts Centre after the performance. For all other attendees please contact Nenagh Arts Centre for restaurant suggestions in the area.*

This event is funded by the Arts Council's Invitation to Collaboration Scheme and is a partnership between Dance Ireland, Kildare County Council, Kerry County Council and Tipperary County Council.

## 11 October 2017

### **10am-12pm: Practical Workshop with Andrew Greenwood**

Day 2 of our Dance and Health Professional Development Event opens with a practical workshop from Andrew Greenwood. Andrew co-founded several Dance for Health movements in Europe and Australia stemming from his work in the Netherlands, and now focuses on offering dance for a range of movement inhibiting diseases including Dance for Parkinson's and Dance for Multiple Sclerosis.

### **12-12.30pm: Break**

*Tea and Coffee will be provided.*

### **12.30-1.30pm: Presentation by Andrew Greenwood**

Andrew will present on the European context for Dance and Health, his journey, and his most recent work advocating for more funding on dance in healthcare as a treatment tool and preventative tool to the EU. Andrew joins us fresh from a congress in Brussels with the European Commission on this subject and will share his presentation with us.

### **1.30-2.30pm: Lunch**

*Will be provided at the venue - however only vegetarian and meat options are available, if you have other dietary requirements please bring a packed lunch.*

### **2.30-3.45pm: Group Conversation and Q&A**

### **3.45-4.15pm: Sum Up**

### **4.15-4.30pm: Break**

*Tea and Coffee will be provided.*

### **4.30-5.45pm: Showing of *Dancing with Maria*, a documentary film by director Ivan Gergolet**

We end our two days by reflecting on the practice and the artwork, through this film showing. The film is about María Fux, a 90 year old Argentinian dancer, choreographer, and dance therapist. The film shows María in her studio at her home in Buenos Aires, working with people with different backgrounds, experiences and abilities.

*This film is in Spanish with English subtitles.*

### **5.45pm: Departures**

