

TIPPERARY COUNTY COUNCIL

NEW ARRANGEMENTS AND PROTOCOLS FOR CLONMEL SWIMMING POOL

BOOKING ARRANGEMENTS

1. Facilities will only be able to be used by pre-booking specified time slots. Slots can be booked by telephoning 052-6121972 between the hours of 9am-5pm Monday-Sunday.
2. You can only book time slots for a period of 48 hours in advance.
3. Walk-ins will no longer be possible.
4. Under 16s must be accompanied by an adult.
5. For the swimming pool, you will be allocated a time slot of 45 minutes of actual swim time.
6. For the gym, the time slot is 60 minutes of actual gym time.
7. Once a time slot is filled, maximum occupancy will have been reached. You will be offered an alternative time slot where possible to facilitate you.
8. We respectfully ask that should you need to cancel your booking, then you do so as soon as possible. Releasing the time slot will create more times for others, which is important as with reduced occupancy levels we anticipate strong demand for time slots.
9. In between each time slot, all areas (changing rooms, pool deck, gym) will be sanitised by staff.

FACILITIES ON HOLD

- Sauna & Steam Room will remain closed due to government guidelines.
- Lockers will be unavailable.
- Changing room access and showers will be strictly only for pool users. Strict social distancing and sanitising protocols will be in place.
- Swim lessons are on hold.
- No spectators are permitted into the viewing area or on the pool deck.
- Water drinking facilities are no longer available; please bring your own fluids.
- For those attending the pool, hairdryers are no longer available.

PROTOCOLS WHILE ATTENDING FACILITY

- Please only arrive a maximum of ten (10) minutes prior to your booking time slot as unfortunately admission any earlier cannot be guaranteed.
- Please be punctual as late arrivals will not be permitted entry.
- Only those partaking in an activity will be allowed entry into the facility.
- On arrival, sanitise your hands and maintain social distancing at all times.
- At the reception desk, you must sign a pre-entry self-declaration form.

- This is where we ask you to take responsibility for your own well-being. If you feel ill please take the day off and do not frequent the facility. We ask all users to be respectful of each other.
- A staff member will then inform you when it is safe to proceed into the gym/pool area.
- To maintain social distancing, we ask that you keep moving and not to engage in social activity throughout the facility for your safety & comfort.
- No swim/gym equipment will be available to borrow e.g. swim caps, floats, mats, etc.

PROTOCOLS WHILE ATTENDING POOL

- Flip flops & sandals should be worn on the deck and in changing areas.
- In the changing room, please maintain social distancing and pay attention to the signage. Lockers will not be available, therefore it is advised not to bring any personal belongings with you.
- When swimming, it is important that you continue to maintain social distancing.
- Lane swimming only to facilitate social distancing. Please keep moving and swim in the indicated direction.
- Please bring your own fluids as the water machine will not be in use.
- Changing rooms and showers are available for anyone attending the pool. But by arriving wearing your swimwear under your clothing and showering, if possible, at home you will minimise time spent in the changing rooms and limit social interaction. Showers are for rinse purposes only no shampoos etc.
- Please spend as little time as possible in the changing rooms and showers. This will be important to limit social interaction and maintain safe social distancing measures.
- Family unit is considered as 2 adults & 2 children (u16) or 1 adult & 3 children (u16). This is for the purposes of determining maximum occupancy levels.

PROTOCOLS WHILE ATTENDING GYM

- During your workout in the gym area, it is important that you stay at one workout station/machine until the next desired station/machine is free.
- It is your responsibility to sanitise the equipment before and after your use.
- Cleaning materials will be available throughout the gym area.
- Mats will not be provided.
- In the Weights Room, there will be a maximum of two (2) people allowed at any one time.
- In the Cardio Room, there will be a maximum of five (5) people allowed at any one time.
- We ask all users to be respectful of each other and to not remain in one room or at one station/machine for longer than is required.
- Don't bring any personal belongings with you, as you will have no access to the changing room facilities until further notice.
- Please bring your own fluids, as the water machine will not be in use.