Walk The Tipperary 10
www.discoverireland.ie/thetipperary10
This is the Ireland you have been looking for – base yourself in any village or town in County Tipperary, relax with friends (and the locals) and take in all of Tipperary’s natural beauty. Make the iconic Rock of Cashel your first stop, then choose between castles and forest trails, mountain rambles or a pub lunch alongside lazy rivers. For ideas and Special Offers visit www.discoverireland.ie/thetipperary10

**Walk The Tipperary 10 Challenge**

We challenge you to walk all of The Tipperary 10 (you can take as long as you like)!

**Guided Walks**

Every one of The Tipperary 10 will host an event with a guide and an invitation to join us for refreshments afterwards. Visit us on-line to find out these dates for your diary. For details contact John at 087 0556465.

**Accommodation**

Choose from B&Bs, Guest Houses, Hotels, Self-Catering, Youth Hostels & Camp Sites. No matter what kind of accommodation you’re after, we have just the place for you to stay while you explore our beautiful county. Visit us on line to choose and book your favourite location.
1 Golden to the Rock of Cashel

Photo: Rock of Cashel by Brendan Fennelly
Walk Information

Distance of walk: 10km
Walk Type: Linear walk
Time: 2 - 2.5 hours
Level of walk: Easy
Start: At the Bridge in Golden (Grid: S 075 409 OS map no. 66)
Finish: At the Rock of Cashel (Grid: S 012 384 OS map no. 66)
Nearest Town: Golden, Cashel

What the locals say: A chance to appreciate the heritage, wildlife and flora all around.

Fact: This walk is part of the Tipperary Heritage Way, a 56kms linear route, that goes from The Vee to Cashel.

Walk 1: Golden to the Rock of Cashel

Follow the Tipperary Heritage Way past ancient ruins and enjoy the wildlife along the banks of the River Suir. Different species of swans can be seen in the water as the sun glistens. Prepare to see the Rock of Cashel on your horizon. This 4th century castle is one of the icons of Ireland - and this is the best way to experience it!
Capture the Castle
Walk Information

Distance of walk: 2km
Walk Type: Linear walk
Time: 30 – 45 min
Level of walk: Easy
Start: Cahir Car Park
(Grid: S053247 OS map no. 74)
Finish: Swiss Cottage Car Park
(Grid: S054228 OS map no. 74)
Nearest Town: Cahir
What the locals say: A very pleasant wood and riverside walk
Unusual Fact: Cahir Castle played a starring role in the movie ‘Excalibur’, directed by John Boorman.

Walk 2: Capture the Castle

Explore The Coronation Walk on the Butler Trail, starting with Cahir Castle and then ramble along the banks of the River Suir, on the Tipperary Heritage Way, to The Swiss Cottage, a romantic Cottage Orné, built by the First Earl of Glengall as a Hunting and Fishing Lodge in 1812.
Loop the Loop in Ballinacourty
Walk Information

Distance of walk: 11km
Walk Type: Loop walk
Time: 2.5 - 3 hours
Level of walk: Moderate
Start: Trail Head of Looped Walk
(Grid: R 886 308 OS map no. 66)
Nearest Town: Tipperary Town, Lisvarrinane, Bansha, Galbally
What the locals say: The Glen of Aherlow is a walker's paradise where there is always a warm welcome.

Unusual Fact: Christ the King Statue was erected to commemorate the Holy Year of 1950. The raised hand of Christ gives a blessing to all who live in the Glen of Aherlow and all who pass through.

Walk 3: Loop the Loop in Ballinacourty
From Christ the King in the Glen of Aherlow, follow the waymarked path on the Ballinacourty Loop Walk and take in the breathtaking view of Tipperary’s Galtee Mountains. Experience the freedom of the great outdoors and ‘green gym’ for adventure and fun for all the family. Bring a picnic or avail of refreshments locally.

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If you go down to the **woods** today…
Walk Information

**Distance of walk:** 2km (Red Loop) & 7km (Millennium Trail)

**Walk Type:** Loop walk

**Time:** Red: 30 mins / Millennium: 2 – 2.5 hours

**Level of walk:** Easy/ Moderate

**Start/Finish:** Entrance to car park off R639, between Cahir & Mitchelstown (Grid: R 931 188 OS map no. 74)

**Nearest Town:** Cahir (For refreshments try nearby Kilcoran Lodge Hotel)

**What the locals say:** This area offers a wonderful variety of views and environments

**Unusual Fact:** Glengarra Wood is very popular with gardening enthusiasts for its display of arboreal Rhododendron and Azaleas from mid March to early May.

**Walk 4: If you go down the woods today…**

Glengarra Woods, on the southern slopes of the Galtees, has two looped walks to choose from – the Red Loop and the Millenium (Green) Trail. You will be amazed at the fantastic variety of trees, (largely owing to its historical links to the former Shanbally Estate) and the stunning views. The Red Loop is very popular with children – it crosses the Burncourt River and the trees are tagged and named. Bring a picnic and make a day out of it!
Discover the unknown
Walk Information

Distance of walk: 14km
Walk Type: Loop walk
Time: 3.5 - 4 hours
Level of walk: Moderate
Start/Finish: Goatenbridge. Pick up the trail at the car park.
(Grid: S 080 124 OS map no. 74)
Nearest Town: Ardfinnan, Clogheen

What the locals say: A trip to the Vee valley, just south of Clogheen, is a walker’s paradise with many interlocking walks linking the villages of Clogheen, Goatenbridge and Newcastle.

Unusual Fact: This walk is a favourite with the local community. It is enjoyed in all weathers. The Good Friday agreement was signed on the 75th anniversary of the death of Liam Lynch.

Walk 5: Discover the unknown

Follow forest paths with fantastic views in the Knockmealdown Mountains on the historical Liam Lynch Loop. This moderate walk takes you off the beaten track and rewards you with Tipperary’s finest green countryside and rolling landscapes.
A Hidden Gem

Marlfield, Clonmel

Photo: Marlfield by Labhrasie McKenna
Walk Information

Distance of walk: 5km
Walk Type: Loop walk
Time: Red: 1.5 - 2 hours
Level of walk: Moderate
Start/Finish: Glenbawn Woods (Grid: S151214 OS map no. 74)
Nearest Town: Clonmel
What the locals say: Come. See. Be enraptured and come again
Unusual Fact: Dún Uí Faoláin, a fort of an ancient tribe of native Gaelic people lies within the wood.

Walk 6: A Hidden Gem

Take time out to walk the Dún Uí Faoláin loop, a hidden gem on the outskirts of Clonmel, beyond Marlfield Village. There are three extremely pleasant 5km rambles through old woods and along the banks of the River Suir; a wildlife sanctuary rich in biodiversity.
7 Butlers & Castles

Towpath, Carrick-on-Suir to Kilsheelan
Photo: Fáilte Ireland
Walk Information

Distance of walk: 10km
Walk Type: Linear walk
Time: 2.5 - 3 hours
Level of walk: Easy

Start: Pick up the East Munster Way at the front of Ormond Castle. (Grid: S 404 215 OS map no. 75)
Finish: Kilsheelan (Grid: S 285 232 OS map no. 75)

What the locals say: Walk in the footsteps of ancient boatmen along an idyllic river bank starting at the Old Bridge in Carrick-on-Suir.

Unusual Fact: Ormond comes from the gaelic word, meaning East Munster.

Walk 7: Butlers & Castles
Following the famous East Munster Way; walk from Ormond Castle (the famous Butler home) in Carrick-on-Suir to Kilsheelan. Relax along the River Suir and use the local bus to bring you back to your accommodation in Carrick-on-Suir.

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Walk The Walls
Walk around Fethard's medieval walls, built in 1292, and explore its Norman history and Irish culture. Especially don't miss the Holy Trinity Church (c.1200) and the Augustinian Abbey (c.1300), both still in regular use. This is fun for all the family, with amenities nearby.

Distance of walk: 2km
Walk Type: Historic Town Trail
Time: 30 mins
Level of walk: Easy
Start/Finish: Fethard Town Hall (Grid: S 207 349 OS map no. 67)
Nearest Town: Fethard

What the locals say: ‘A Wall to Wall welcome awaits you’.

Unusual Fact: This is ‘The most complete circuit of any Irish medieval walled town.’ (Avril Thomas, The Walled Towns of Ireland, 1992)

Walk 8: Walk the Walls

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Bogs & Butterflies

Lough Doire Bhile, Glengoole

Photo: Speckled Wood Butterfly by John Fogarty
Walk Information
Distance of walk: 3km
Walk Type: Loop walk
Time: 45 mins
Level of walk: Easy
Start/Finish: In the Car Park, by the Information Board. (Grid: S 215 521 OS map no. 67)
Nearest Town: Killenaule Glengoole (New Birmingham)
What the locals say: The Pope says prayers once a year for those buried in Derryvilla graveyard nearby.
Unusual Fact: Home to the Marsh Fritillary Butterfly

Walk 9: Bogs & Butterflies
Visit the best bog in Tipperary – the Lough Doire Bhile Loop is rich in biodiversity and a haven for butterflies. Bring a picnic and spend the day exploring the flora and fauna.

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Overlooking Kilcooley

Grange-Crag Loop, Glengoole
Photo: Kilcooley Abbey by Anthony Ryan
Walk Information

Distance of walk: 6km
Walk Type: Loop walk
Time: Red: 1.5 - 2 hours
Level of walk: Easy
Start/Finish: Hogan’s Pub, Grange (Grid: S 306 564 OS map no. 67)
Nearest Town: Killenaule, Glengoole (New Birmingham)

What the locals say: Features fantastic views of all mid Tipperary across to the Devil’s Bit and Keeper Hill.

Unusual Fact: Overlooking the medieval Cistercian Abbey of Kilcooley and the Tower House at Grange village.

Walk 10: Overlooking Kilcooley

The historical Grange-Crag loop, with its Victorian Ice House and Wellington Monument, looks down on Kilcooley Abbey and has views across the whole of Tipperary. This path is definitely off the beaten track and well worth the effort. Just think of that sense of achievement!
The Tipperary 10

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5. Discover the Unknown
6. A Little Gem
7. Butlers & Castles
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Attractions nearby; Nearby Towns for Food and Accommodation; Stunning Landscape; Drive Time